

Warm Apple Cider

for teatime on Vipassana Day

No. of Students: 50

Apple Cider 3 gallons

Cider can be left as is—no spices needed!

~If no cider available~

No. of students: 50

Frozen Apple Juice Cans (each mixed with 3 cans water) 6

Ground Cinnamon 1½ Tbsp

Cinnamon Sticks 3

Oranges, peeled and sliced 1

Directions:

- Divide cider into 2 pots. (*For apple juice:* divide spices and add to each pot.)
- Begin heating cider at 4:00 pm. Cook until steaming hot but not boiling. (*For apple juice:* Add orange just before heating.)
- Use the Day 4 Menu Card from cookbook, reverse side says “Hot Apple Cider for all students”. Set this out beside the cider near the cup racks, along with a ladle on a plate. Be sure the hot pot is on a straw mat

In warm weather, cider may be served cold from the jug, along with the sign “Apple Cider for all students” beside the cups.