

## **LC Peas / Carrots / Corn**

**No. of people:** 75

Peas 10 lbs  
Mixed Veggies 10 lbs  
Olive Oil  $\frac{3}{4}$  cup  
Salt and Pepper to taste

### **Directions:**

Take the veggies out of freezer the day before.

1. Rinse the veggies briefly under running cold water. Drain in colanders or perforated pans.
2. Pour the oil in the pot. Let it warm up a bit but do not allow to smoke.
3. Throw the veggies into pot and cook uncovered, stirring often until thoroughly hot. Sprinkle lightly with salt and pepper.

Serve in half or full size hotel pans with kitchen spoons.